



Townsville Table Tennis Association

Ext 1931

TIGERS TALES

Newsletter: Vol 1 January 2026

Newsletter

The following is a summary of the events that took place at TTTA and elsewhere in the Table Tennis World during January 2026.

Around the Club

President Brendan sent out via email his notice to all members in early January, welcoming all to the 2026 Table Tennis Year.

There was minimal disruption to Social Senior and Sunday Sessions over the Christmas period, and everything was back to normal from 5th January.

The Monday morning training seems to be popular, with Alan running the session from 11am.

Wednesday nights competitions re-started mid-January and Fixtures should begin on 4th Feb.

The Come N' Try day at the Hall on 31st Jan attracted a good attendance and the Get Active Expo at Townsville Stadium the very next day was well received.



National Rankings as at 31st Dec 2025

O30 Men Venkat Vangaveti	21
O30 Women Pippa Louise Trass	22
O40 Men Venkat Vangaveti	24
O40 Women Pippa Louise Trass	17
O60 Men Max Wellington	12
O60 Women Therese Chappell	18
O65 Men John Sherriff	10
O65 Women Therese Chappell	9
O70 Men John Sherriff	8
O75 Men Harry Bligh	14
O80 Men Harry Bligh	4



Open Women Taleisha Gaeta	23
U21 Women Taleisha Gaeta	5
U19 Girl's Taleisha Gaeta	19
U17 Girl's Taleisha Gaeta	10
U11 Girl's Singles Catalina Dahl	27
U11 Girl's Singles Aarohi Achar	29

2026 TTA Tour – West Australia – 17th/18th January

Brendan Gaeta participated as a Referee, while Taleisha entered the U19, U21 and Open Women's events.

Taleisha managed to come away with Silver in the U21 Women's, was losing Semi Finalist in the U19 Girls, and played to her seeding with 5th place in the Open Women's



2026 TTA Hopes Tour – West Australia – 19th/23rd January

Brendan again representing Townsville on the National Stage as Referee.



2026 - 6th Thailand Masters Games

Representing Townsville overseas!

Our players Pippa-Louise Trass and Safwat Boktour competed at the 2026 Thailand Masters, proudly representing the club as Townsville Tigers.

Best of luck to both - we're cheering you on from Townsville!



Upcoming Tournaments and Events

All the **QLD** Events will be held at the South Pine Sports Complex

“Come N Try” Day - 7th February

Chinese New Year Tournament – 21st February

International Women's Day – 7th / 8th Mar - Townsville

East Coast Veterans Teams – 7th / 8th Mar – Gold Coast

QLD Senior Closed – 2nd / 5th April

QLD Junior Closed – 5th / 9th April

Townsville Open – 2nd / 4th May (inc Nth Qld Junior, Senior and Para)

Mackay Open – 8th / 10th May (inc Nth Qld Vets)

World Masters – 5th / 12th June – South Korea

For all event dates, check TTQ website at [Events - Table Tennis Queensland](#) or our own Calendar at [Calendar and Events - Townsville Table Tennis](#)

Sausage Sizzles

We hope to arrange dates in 2026 for Fundraising at Bunnings Fairfield Waters.

Trivia

The Health Hack Doctors Don't Talk About Enough

(It's not a gym. It's not running. It's table tennis)

Here's the truth:

30 minutes of table tennis can do more for your body and brain than an hour of "I'll-start-Monday" workouts.

Why?

Because table tennis quietly attacks the things modern life is destroying:

Your brain – Reaction speed, focus, decision-making, memory

Your heart – Real cardio without feeling like punishment

Your body – Balance, agility, joint-friendly movement

Your stress – You can't doomscroll when the ball's flying at you

And the best part?

It doesn't feel like exercise.

It feels like play. Competition. Laughter. Flow.

That's why people who "hate exercise" keep coming back.

That's why parents, kids, office workers, retirees and elite players all end up on the same floor.

And that's why table tennis is one of the most inclusive lifetime sports on the planet.

If you're waiting to feel motivated before getting active...

You're doing it backwards.

Play first. Motivation follows.

Play Table Tennis Today!

Smash. Rally. Repeat.

That's all for this edition, and until next month.

The Tigers Tail